

# SPEAK EASILY the voice, speech & accent specialists

## Regain your Freedom of Speech!

### Public Speaking

Our workshops and coaching are designed to make GREAT speakers out of good ones, and confident performers out of the timid. Good public speaking can be learnt. We can teach you to focus on your audience's needs, to develop strong vocal and physical techniques, and to adopt a dynamic and practical approach to how you organise your content.

### Voice Training

For vocal health and optimisation. Your thoughts will not be counted if your voice cannot be heard. You will not get the best out of people, whether colleagues, clients or students, if your voice is tense, quiet or dull and they switch off when you talk. Private vocal skills sessions with our expert voice coaches will help you reclaim your strong, healthy, natural voice.

Call us to set up your One-to One Course, Taster Session or Assessment Session.



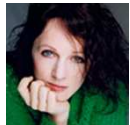
0203 1741316

One of our expert coaches can also give you or your employee/colleague a **FREE** telephone consultation. This will help you to identify your vocal issues and give you a clear and honest sense of how best you can achieve your communication goals.

## Our Coaches

**Our Public Speaking Coaches** are among the best in the business.

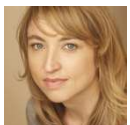
All are qualified in Voice Studies from CSSD, the Central School of Speech and Drama, London (one of the only professional qualifications in voice teaching found worldwide). They are also individually skilled and qualified in Theatre, Storytelling and various Movement practices. In addition to their vast expertise and experience, our coaches are positive, friendly, intelligent people and a pleasure to spend time with.



*Morwenna Rowe MA HONS CANTAB, PGDVS CSSD* taught voice and accent internationally for over a decade before setting up Speak Easily in 2007. She has a Double First Class degree from Cambridge University and a Distinction in Voice from CSSD. She is also trained in Improvisation and Theatre and performed for over a decade as a Storyteller. She passes on these skills in her Speaker training workshops which she has delivered to the Dean and Fellows of the World Economic Forum in Geneva, among many others.



*Leslie Tuckey MAVS CSSD, DIP RADA* was classically trained in acting at RADA. He had an extensive theatrical career, including in the West End, before training as a voice teacher at CSSD. He currently trains actors at the Oxford School of Drama in voice production, text and speech. His theatrical background informs his ability to open up private clients to greater expressivity and vocal confidence.



*Cathleen McCarron MAVS CSSD, BA RSAMD, MA (Hons) LLB Edin* is a highly creative coach, trained in voice at the Central School of Speech and Drama after a ten year career in theatre, film, radio and television as an actor and storyteller. She teaches voice at Rose Bruford College, is Coordinator of the International Centre for Voice at Central. For Speak Easily she specialises in accent, vocal clarity and public speaking effectiveness, including specific storytelling sessions.

## What Happens in a Session

There are three main areas of work:

### Physical Presence and Body Language

Public speaking relies above all on developing a great relationship with your audience. The physical signals you give are crucial to this - do you look afraid of them, or open? aggressive, or confident and approachable? Precise **feedback**, **tension release** and **alignment work** with our coaches will help you create a warm, easy relationship with whatever size audience you have to face.

### Voice, Articulation and Range

Your authentic self is revealed through a confident and open voice - which is why we spend so much effort vocally training actors. Breath support and control, pitch range and sharp articulation all help you speak easily and from your physical 'centre'. Your coach will take you through a wide range of appropriate **vocal exercises** to extend your skills in this area.

### Content and Storytelling

To be memorable, entertaining and easily understood when speaking is totally different from the same skills with the written word. Techniques of ancient **rhetoric** and the traditional **art of storytelling** will help you structure your material into riveting stories. These will not only be easier for your audience to follow and engage with, but also much easier for you to remember, removing the need for the 'Power Point' dependence that can be so deadly.

## Testimonials from our Clients

“ I would like to say thank you for the fantastic workshop on personal presence and the power of voice and communication. The Fellows absolutely loved the course and have mentioned that it is among the most useful workshops they have ever attended. ”

**WORLD ECONOMIC FORUM**

“ 1st session was fantastic - I learnt volumes concerning my own physical structure and poise and how this affects my speech and therefore my meetings. ”

**JD Project, Sales Team**

“ I thought it was excellent, trainer was really engaging and I would love to do more. ”

Found the training very useful (and entertaining!); we picked up some really useful tips on how to prepare for public speaking engagements. Would recommend it to others.

I thought the training was extremely useful and very different from previous speaker training courses I've done. If there was follow-up training, I'd definitely be interested. ”

**Speaker training course for Executive of BLISS CHARITY**

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[www.speak-easily.com](http://www.speak-easily.com)