

SPEAK EASILY the voice, speech & accent specialists

Regain your Freedom of Speech!

Voice Training

For vocal health and optimisation. Your thoughts will not be counted if your voice cannot be heard. You will not get the best out of people, whether colleagues, clients or students, if your voice is tense, quiet or dull and they switch off when you talk. Private vocal skills sessions with our expert voice coaches will help you reclaim your strong, healthy, natural voice.

Elocution Lessons

Many people want to soften an unloved regional accent. They want to gain some control over the impression they give or to be able to blend in at every level without being instantly labelled. Elocution training also helps you speak more clearly and expressively with greater range and interest in the voice.

Call us to set up your One-to One Course, Taster Session or Assessment Session.



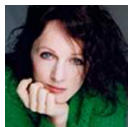
0203 1741316

One of our expert coaches can also give you or your employee/colleague a FREE telephone consultation. This will help you to identify your vocal issues and give you a clear and honest sense of how best you can achieve your communication goals.

Our Coaches

Our Voice Specialists are among the best in the business.

All are qualified in Voice Studies from CSSD, the Central School of Speech and Drama, London (one of the only professional qualifications in voice teaching found worldwide). They are also individually skilled and qualified in Theatre, Massage and various Movement practices. In addition to their vast expertise and experience, our coaches are positive, friendly, intelligent people and a pleasure to spend time with.



Morwenna Rowe MA HONS CANTAB, PGDVS CSSD taught voice and accent internationally for over a decade before setting up Speak Easily in 2007. She has a Double First Class degree from Cambridge University and a Distinction in Voice from CSSD. She trained new voice teachers in voice and movement on the MA in Voice Studies at Central for five years and still consults in Pure Voice, Physical Alignment and Text in several of the UK's leading Drama Schools.



Laurann Brown MAVS CSSD, BA THEATRE holds an MA in Voice Studies from CSSD, London alongside her BA in Theatre from Vancouver, Canada. She is also a qualified massage therapist and combines this in-depth knowledge of the body with experience coaching actors at Vancouver's renowned Shakespeare Festival, and as Acting Head of Musical Theatre and Head of Voice at London's Urdang Academy.



Deborah Garvey MAVS CSSD, B Music is a highly skilled voice and singing teacher. A visiting lecturer at Central School of Speech & Drama, London and the Urdang Academy, her singing, voice and speech skills are highly in demand. Also an expert in vocal health, she has given specialised seminars including to The Association of Teachers and Lecturers, sports clubs and GP Training organisations.

What Happens in a Session

There are three main areas of work:

Breathing and Alignment

A lot of issues with vocal confidence, tone and tiredness have their cause in the breathing system of the body. This, in turn, relies upon the alignment of the skeleto-muscular system. Our coaches will teach you **breathing exercises** to help you re-discover a natural, efficient breath - **physical exercises** to help unlock body tensions that are negatively effecting your breath and voice - and **sound exercises** to help you connect your spoken voice with this more efficient system.

Vocal Tract and Articulation Exercises.

Tensions in the organs of speech (jaw, tongue, face) and vocal tract (throat) can also cause voice issues. Again, **physical exercises** are taught to help you unlock these tensions. These 'Mouth Yoga' exercises are also great preparation for any special speaking event. Tongue twisters and rich, complex text are also used to help sharpen and clarify your speech.

Pitch, Range and Resonance

Your coach may also explore exercises with you to help you use the natural amplification of your voice (resonance) more fully, and to explore a wider and more expressive pitch range.

Testimonials from our Clients

“ I would like to say thank you for the fantastic workshop on personal presence and the power of voice and communication. The Fellows absolutely loved the course and have mentioned that it is among the most useful workshops they have ever attended. ”

WORLD ECONOMIC FORUM

“ Our training together exceeded my expectations. I am so thankful to you that you showed a huge amount of patience and paid attention to every single word I said... You pay attention to every single detail, also you work very closely and give full attention to your students. ”

SOHAIL CHOUDRY, Senior IT Consultant

“ 1st session was fantastic - I learnt volumes concerning my own physical structure and poise and how this affects my speech and therefore my meetings. ”

JD Project, Sales Team

“ I thought it was excellent, trainer was really engaging and I would love to do more.”

Found the training very useful (and entertaining!); we picked up some really useful tips on how to prepare for public speaking engagements. Would recommend it to others.

I thought the training was extremely useful and very different from previous speaker training courses I've done. If there was follow-up training, I'd definitely be interested. ”

**Speaker training course
for Executive of BLISS CHARITY**

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